FRIDAY, April 20, 2018

7:30am – 5:00pm  Registration
7:30 – 8:30am  CONTINENTAL BREAKFAST
8:30 – 9:00am

President’s Welcome & Intro to NASPOG 2018
NASPOG President – C. Neill Epperson, MD, University of Pennsylvania
The Lifespan Approach to Women’s Reproductive and Behavioral Health

9:00 – 10:30am

Symposium: Psycho-Oncofertility: A Multidisciplinary Perspective
Chair & Moderator: Lindsay Sortor, PsyD, University of Pennsylvania
- PRESENTATION OF MONICA’S CASE
  David Silver, MD, University of Pennsylvania
- MONICA’S CASE: A REPRODUCTIVE ENDOCRINOLOGY PERSPECTIVE
  Clarisa Gracia, MD, MSCE, University of Pennsylvania
- MONICA’S CASE: A PSYCHOLOGICAL PERSPECTIVE
  Deborah Seagull, PhD, Private Practice
- MONICA’S CASE: A PSYCHIATRIC PERSPECTIVE
  Eleanor Anderson, MD, University of Pennsylvania

10:30 – 10:45am  BREAK

10:45 – 12noon

Symposium: From the Pill to PCOS: Gonadal Steroids and Mood Symptoms Across the Reproductive Lifespan
Chairs: C. Neill Epperson, MD and Liisa Hantsoo, PhD, University of Pennsylvania
- EXPLORING A ROLE FOR GABAERGIC NEUROSTEROIDS IN PREMENSTRUAL DYSPHORIC DISORDER VIA ACOUSTIC STARTLE RESPONSE
  Liisa Hantsoo, PhD, University of Pennsylvania
- THE ROLE OF ALLOPREGNANOLONE IN PERINATAL MOOD AND ANXIETY DISORDERS
  Lauren M. Osborne, MD, The Johns Hopkins University School of Medicine
- NEUROENDOCRINE DYSREGULATION AND DEPRESSIVE AND ANXIETY SYMPTOMS IN POLYCYSTIC OVARY SYNDROME (PCOS)
  Anuja Dokras, MD, PhD, University of Pennsylvania
- HORMONAL CONTRACEPTION AND RISK OF MOOD SYMPTOMS
  Courtney Schreiber, MD, University of Pennsylvania

12noon – 12:15pm  COLLECT LUNCHES
12:15 – 1:15pm

Luncheon Lecture: Brexanolone iv, a GABA-A Receptor Modulator, in the Treatment of Postpartum Depression: Review of Clinical Studies
Speaker: Samantha Meltzer-Brody, MD, MPH, University of North Carolina Chapel Hill

1:30 – 2:45pm

Symposium: Novel Psychosocial Interventions to Address Perinatal Mental Health Among Hard to Reach Populations
Chair: Pamela A. Geller, PhD, Drexel University
- INTRODUCING A NOVEL TREATMENT APPROACH TO REDUCE DEPRESSION IN MUSLIM WOMEN EXPERIENCING INFERTILITY
  Mona Elgohail, MS, Drexel University
- INTEGRATING PSYCHOTHERAPY INTO A PRENATAL CARE CLINIC: INCREASING ACCESS AND IMPROVING SYMPTOMS
  Sara L. Kornfield, PhD, University of Pennsylvania
- PARENTAL STRESS: RESULTS FROM THE NEWBORN/INFANT INTENSIVE CARE UNIT (N/IICU) PARENT SURVIVAL GUIDE INTERVENTION
  Chavis A. Patterson, PhD, The Children’s Hospital of Philadelphia and University of Pennsylvania
- BE HERE & NOW IN THE NICU – A PILOT STUDY
  Christina DiSanza, MA, Drexel University
### FRIDAY, April 20, 2018 - continued

**2:45 – 4:00pm**

**Symposium: Intersection of Trauma, Mental Health and Perinatal Health**  
Chair: Yael I. Nillni, PhD, National Center for PTSD, Women’s Health Sciences Division at VA Boston Healthcare System and Boston University

- **THE ROLE OF TRAUMA, STRESS, AND MENTAL HEALTH ON PREGNANCY OUTCOMES AMONG WOMEN VETERANS FOLLOWING SEPARATION FROM MILITARY SERVICE**  
  Yael I. Nillni, PhD, VA Boston Healthcare System and Boston University

- **POSTTRAUMATIC STRESS SYNDROME INDUCED CHILDBIRTH: CURRENT RESEARCH AND FUTURE DIRECTIONS**  
  Sharon Dekel, PhD, Massachusetts General Hospital and Harvard Medical School

- **PREVALENCE AND IMPACT OF EARLY ADVERSITY ON MATERNAL MENTAL HEALTH AND PARENTING CAPACITY**  
  Helen Kim, MD, Mother-Baby Program, Hennepin County Medical Center

- **MOM POWER: A MULTI-FAMILY INTERVENTION FOR MOTHERS WITH CHILDHOOD TRAUMA HISTORIES AND THEIR YOUNG CHILDREN AIMED TO SUPPORT MENTAL HEALTH AND PARENTING**  
  Maria Muzik, MD, University of Michigan

**4:00 - 4:15pm**

**BREAK**

**4:15 - 5:15pm**

**Steiner Young Investigator Symposium**

- **4:15 – 4:30pm**  
  **ANXIETY DISORDER SYMPTOMS IN THE PERINATAL PERIOD: STRUCTURE AND RISK FACTORS**  
  Michelle Miller, MA, University of Iowa

- **4:30 – 4:45pm**  
  **IDENTIFYING NICU PARENTS AT-RISK FOR STRESS AND FAMILY BURDEN: A HIERARCHICAL CLUSTER ANALYSIS**  
  Victoria Grunberg, MS, Drexel University

- **4:45 – 5:00pm**  
  **META-ANALYSIS OF PRENATAL ANTIDEPRESSANT EXPOSURE AS RISK FACTOR FOR AUTISM: IMPACT OF COMPARISON GROUP DEFINITION**  
  Monica Vega, MD, University of Miami/Jackson Memorial Hospital

- **5:00 – 5:15pm**  
  **USING SOCIAL MEDIA TO RECRUIT HARD-TO-REACH POPULATIONS**  
  Mona Elghohail, MS, Drexel University

**6:00 – 10:00pm**

**Fundraiser – Tour of Independence Hall followed by**  
**Bus leaves Sheraton at 6pm**

**Additional ticket purchase required.**

### SATURDAY, April 21, 2018

**7:30 – 5:30pm**  
**Registration**

**7:30 – 9:00am**  
**Continental Breakfast**

**7:30 - 9:00am**

**Breakfast Interest Groups**  
**Check the mobile app for topics and facilitators**

**9:15 – 10:15am**

**Symposium: Harnessing Technology to Address Substance Abuse in the Perinatal Period**  
**Chair:** Ariadna Forray, MD, Yale School of Medicine

- **ELECTRONIC- AND CLINICIAN-DELIVERED SCREENING, BRIEF INTERVENTION, AND REFERRAL TO TREATMENT FOR WOMEN IN REPRODUCTIVE HEALTHCARE CENTERS: A RANDOMIZED CLINICAL TRIAL**  
  Steven Ondersma, PhD, Wayne State University School of Medicine

- **THE USE OF TELEMEDICINE IN THE TREATMENT OF PERINATAL OPIOID USE DISORDER**  
  Constance Guille, MD, Medical University of South Carolina

- **SMARTPHONE DELIVERED ATTENTIONAL BIAS MODIFICATION FOR POSTPARTUM SMOKING RELAPSE**  
  Ariadna Forray, MD, Yale School of Medicine

**10:15 – 10:30am**

**BREAK**

**10:30 – 11:30am**

**Symposium: Integrated Behavioral Health for Women in Medical Settings**  
**Chairs:** Teri Pearlstein, MD and Snezana Milanovic, MD, MSc

- **INTEGRATED BEHAVIORAL HEALTH: OVERVIEW**  
  Teri Pearlstein, MD, Alpert Medical School of Brown University and Women’s Medicine Collaborative, Lifespan

- **RESULTS OF AN INTEGRATED BEHAVIORAL HEALTH SERVICE IN A WOMEN’S PRIMARY CARE PRACTICE**  
  Margaret Bublitz, PhD, Alpert Medical School of Brown University and Women’s Medicine Collaborative, Lifespan

- **BUILDING A PERINATAL PSYCHIATRY CLINIC WITHIN THE BOSTON MEDICAL CENTER OBSTETRICS DEPARTMENT**  
  Snezana Milanovic, MD, MSc, Boston University School of Medicine
11:30am – 12noon
NASPOG Member Business Meeting
Lunch & Networking

1:00 – 2:15pm
Symposium: Opioid Use During Pregnancy and Postpartum: Novel Strategies for Integration and Engagement
Chair: Leena Mittal, MD, Brigham and Women’s Hospital and the Massachusetts Child Psychiatry Access Program (MCPAP) for Moms
- MCPAP FOR MOMS: SUPPORTING PROVIDERS IN ADDRESSING PERINATAL MENTAL HEALTH AND SUBSTANCE USE DISORDERS
  Leena Mittal, MD, Brigham and Women’s Hospital and MCPAP for Moms
- PROJECT RESPECT: A LONGSTANDING MODEL OF INTEGRATED INPATIENT AND OUTPATIENT CARE OF PREGNANT AND POSTPARTUM WOMEN WITH OUD IN AN OBSTETRIC SETTING
  Kelley Saia, MD, Boston Medical Center
- THE DARTMOUTH-HITCHCOCK CENTER FOR ADDICTION RECOVERY IN PREGNANCY AND PARENTING (CARPP): LEVERAGING A SUCCESSFUL CLINICAL PROGRAM TO SUPPORT DISSEMINATION OF INTEGRATED CARE MODELS FOR PERINATAL SUBSTANCE USE DISORDERS
  Julia Frew, MD, Dartmouth Hitchcock Medical Center
- THE GREEN CLINIC FOR PREGNANCY AND RECOVERY: INTEGRATED OBSTETRICS AND ADDICTION CARE
  Katherine M Callaghan, MD, UMass Medical School

2:15 – 2:30pm
BREAK

2:30 – 3:30pm
Symposium: Challenges of Infertility and its Treatment: From Obesity as a Potential Cause to Issues with Sexuality and Psychological Consequences
Chairs: Vesna Pirec MD, PhD ERC, Insight at Chicago and Aga Grabowski, MA LCSW, Wildflower Center for Emotional Health
- FEMALE INFERTILITY AND OBESITY: RECOGNITION AND TREATMENT OF ENDOCRINE COMPLEXITY AND PSYCHIATRIC COMORBIDITIES IN AFFECTED PATIENTS
  Vesna Pirec MD, PhD ERC, Insight at Chicago
- INFERTILITY AND SEXUALITY: DETECTION, ASSESSMENT AND TREATMENT OF COMMON SEXUAL CONCERNS IN INFERTILE PATIENTS
  Aga Grabowski, MA, LCSW, Co-founder and psychotherapist, Wildflower Center for Emotional Health
- PSYCHOLOGICAL STRESS AND INFERTILITY. IS THERE A RELATIONSHIP?
  Ariadna Cymet Lanski, PsyD. Fertility Centers of Illinois

3:30pm – 5:30pm
NASPOG Presents

3:30 – 3:50pm
MIND2CARE: AN INNOVATIVE SCREEN-AND-ADVICE MODEL FOR PSYCHOPATHOLOGY, PSYCHOSOCIAL PROBLEMS AND SUBSTANCE ABUSE DURING PREGNANCY
K. Marieke Paarlberg, MD PhD, Obstetrician-Gynecologist , I. de Kruijff, MD, Pediatrician, and A.W.M.M. Stevens, MD, Psychiatrist, The Netherlands

3:50 – 4:10pm
SUNNYSIDE: UTILIZATION OF GROUP SUPPORT TO INCREASE ADHERENCE TO ONLINE PERINATAL DEPRESSION PREVENTION
Jennifer Duffecy, PhD, University of Illinois at Chicago

4:10 – 4:30pm
INTIMATE PARTNER VIOLENCE AMONG PREGNANT WOMEN WITH OPIOID USE DISORDER
Chelsea Pallatino, PhD, MPH, Magee-Womens Research Institute, University of Pittsburgh, Magee-Womens Hospital

4:30 – 4:50pm
BRAIN STRUCTURE AND FUNCTION IN WOMEN WITH PREMENSTRUAL DYSPHORIC DISORDER
Sabrina K. Syan, PhD, MINDS Neuroscience Graduate Program, McMaster University; Women’s Health Concerns Clinic and Mood Disorders Program, St. Joseph’s Healthcare

4:50 – 5:10pm
TIMING IS EVERYTHING: A REVIEW OF THE GENETICS OF POSTPARTUM DEPRESSION
Jennifer L. Payne, MD, The Johns Hopkins University School of Medicine

5:10 – 5:30pm
BRIGHT LIGHT THERAPY FOR MAJOR AFFECTIVE DISORDERS ACROSS THE LIFESPAN
Dorothy K. Sit, MD, Northwestern University Feinberg School of Medicine

5:30 – 7:00pm
POSTER SESSION and RECEPTION
Posters and abstracts are on the mobile app and also on the NASPOG website

Free Evening / Dinner on Own
SUNDAY, April 22, 2018

7:30 – 12noon  Registration
7:30 – 9:00am  CONTINENTAL BREAKFAST
7:30 - 9:00am  Breakfast Interest Groups
Check the mobile app for topics and facilitators
9:15 – 10:30am  Symposium: Sexual and Reproductive Health Considerations in the Care of Transgender Youth: Menstrual Regulation, Contraception, Fertility Preservation and HIV Prevention
Chair: Nadia Dowshen, MD, MSHP, Children's Hospital of Philadelphia
- ADDITIONAL SPEAKERS:
  Aletha Y. Akers, MD, MPH, FACOG, Children's Hospital of Philadelphia
  Jill Ginsberg, MD, Children's Hospital of Philadelphia
10:30 – 10:45am  BREAK
10:45 – 12noon  Symposium: The Time Has Come: The Growth of Mother-Baby Day Treatment Programs in the United States
Chair: Pamela A. Geller, PhD, Drexel University
- THE DAY HOSPITAL
  Zobeida M. Diaz, MD, MS, Women's Behavioral Health and Day Hospital Program, Women and Infants Hospital
- MOTHER BABY CONNECTIONS PROGRAM
  Pamela A. Geller, PhD, Bobbie Posmontier, PhD, CNM, PMHNP-BC, Drexel University
- THE MOTHERHOOD CENTER OF NEW YORK
  Paige Bellenbaum, LMSW, The Motherhood Center of New York
- THE MOTHER-BABY INTENSIVE OUTPATIENT PROGRAM
  Sarah Homitsky, MD, Women's Behavioral Health at Allegheny Health Network
12noon – 1:30pm  Luncheon with Speaker: Aroused: A History of Hormones and How They Control Just About Everything
Randi Epstein, MD, MPH, Author: Get Me Out: A History of Childbirth from the Garden of Eden to the Sperm Bank

CME

Speaker disclosures may be found on the mobile app and also on the NASPOG website.
http://www.naspog.org/index.php/biennial-meeting/cme

ACCREDITATION:
This activity has been planned and implemented in accordance with the Essential Areas and policies of the Rhode Island Medical Society through the joint sponsorship of Women & Infants Hospital and the North American Society for Psychosocial Obstetrics & Gynecology. Women & Infants Hospital is accredited by the Rhode Island Medical Society to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT:

Physicians:
Women & Infants Hospital designates this live activity for a maximum of 21 AMA PRA Category I Credits™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Psychologists:
As a continuing education program relevant to psychology and sponsored by Women & Infants Hospital due to its American Psychology Association (APA) approved post-doctoral program in psychology the program. Women & Infants Hospital is approved by the Rhode Island Psychological Association to sponsor continuing education for psychologists. This meeting's participants can earn a maximum of 21 credits for this program.

Social Workers:
Application has been submitted for Social Work CEU’s.

To obtain your CME Certificate you must complete the online survey no later than May 31. The survey can be found on the NASPOG website. We will then email you a pdf certificate.

After the meeting we will also email you the direct link to take the survey and receive your CME certificate.