

Hosted by Penn PROMOTES Research on Sex and Gender in Health at the University of Pennsylvania
Co-Sponsored by Postpartum Support International (PSI) and Marce of North America (MONA)

FRIDAY, April 20, 2018

7:30am – 5:00pm	Registration
7:30 – 8:30am	CONTINENTAL BREAKFAST
8:30 – 9:00am	President's Welcome & Intro to NASPOG 2018 NASPOG President – C. Neill Epperson, MD, University of Pennsylvania The Lifespan Approach to Women's Reproductive and Behavioral Health
9:00 – 10:30am	Symposium: Psycho-Oncofertility: A Multidisciplinary Perspective <i>Chair & Moderator:</i> Lindsay Sortor, PsyD, University of Pennsylvania <ul style="list-style-type: none">• PRESENTATION OF MONICA'S CASE• MONICA'S CASE: AN ONCOLOGY PERSPECTIVE David Silver, MD, University of Pennsylvania• MONICA'S CASE: A REPRODUCTIVE ENDOCRINOLOGY PERSPECTIVE Clarisa Gracia, MD, MSCE, University of Pennsylvania• MONICA'S CASE: A PSYCHOLOGICAL PERSPECTIVE Deborah Seagull, PhD, Private Practice• MONICA'S CASE: A PSYCHIATRIC PERSPECTIVE Eleanor Anderson, MD, University of Pennsylvania
10:30 – 10:45am	BREAK
10:45 – 12noon	Symposium: From the Pill to PCOS: Gonadal Steroids and Mood Symptoms Across the Reproductive Lifespan <i>Chairs:</i> C. Neill Epperson, MD and Liisa Hantsoo, PhD, University of Pennsylvania <ul style="list-style-type: none">• EXPLORING A ROLE FOR GABAERGIC NEUROSTEROIDS IN PREMENSTRUAL DYSPHORIC DISORDER VIA ACOUSTIC STARTLE RESPONSE Liisa Hantsoo, PhD, University of Pennsylvania• THE ROLE OF ALLOPREGNANOLONE IN PERINATAL MOOD AND ANXIETY DISORDERS Lauren M. Osborne, MD, The Johns Hopkins University School of Medicine• NEUROENDOCRINE DYSREGULATION AND DEPRESSIVE AND ANXIETY SYMPTOMS IN POLYCYSTIC OVARY SYNDROME (PCOS) Anuja Dokras, MD, PhD, University of Pennsylvania• HORMONAL CONTRACEPTION AND RISK OF MOOD SYMPTOMS Courtney Schreiber, MD, University of Pennsylvania
12noon – 12:15pm	COLLECT LUNCHES
12:15 – 1:15pm	Luncheon Lecture: Brexanolone iv, a GABA-A Receptor Modulator, in the Treatment of Postpartum Depression: Review of Clinical Studies <i>Speaker:</i> Samantha Meltzer-Brody, MD, MPH, University of North Carolina Chapel Hill
1:30 – 2:45pm	Symposium: Novel Psychosocial Interventions to Address Perinatal Mental Health Among Hard to Reach Populations <i>Chair:</i> Pamela A. Geller, PhD, Drexel University <ul style="list-style-type: none">• INTRODUCING A NOVEL TREATMENT APPROACH TO REDUCE DEPRESSION IN MUSLIM WOMEN EXPERIENCING INFERTILITY Mona Elgohail, MS, Drexel University• INTEGRATING PSYCHOTHERAPY INTO A PRENATAL CARE CLINIC: INCREASING ACCESS AND IMPROVING SYMPTOMS Sara L. Kornfield, PhD, University of Pennsylvania• PARENTAL STRESS: RESULTS FROM THE NEWBORN/INFANT INTENSIVE CARE UNIT (N/IICU) PARENT SURVIVAL GUIDE INTERVENTION Chavis A. Patterson, PhD, The Children's Hospital of Philadelphia and University of Pennsylvania• BE HERE & NOW IN THE NICU – A PILOT STUDY Christina DiSanza, MA, Drexel University

FRIDAY, April 20, 2018 - *continued*

2:45 – 4:00pm

Symposium: Intersection of Trauma, Mental Health and Perinatal Health

Chair: Yael I. Nillni, PhD, National Center for PTSD, Women's Health Sciences Division at VA Boston Healthcare System and Boston University

- **THE ROLE OF TRAUMA, STRESS, AND MENTAL HEALTH ON PREGNANCY OUTCOMES AMONG WOMEN VETERANS FOLLOWING SEPARATION FROM MILITARY SERVICE**
Yael I. Nillni, PhD, VA Boston Healthcare System and Boston University
- **POSTTRAUMATIC STRESS SYNDROME INDUCED CHILDBIRTH: CURRENT RESEARCH AND FUTURE DIRECTIONS**
Sharon Dekel, PhD, Massachusetts General Hospital and Harvard Medical School
- **PREVALENCE AND IMPACT OF EARLY ADVERSITY ON MATERNAL MENTAL HEALTH AND PARENTING CAPACITY**
Helen Kim, MD, Mother-Baby Program, Hennepin County Medical Center
- **MOM POWER: A MULTI-FAMILY INTERVENTION FOR MOTHERS WITH CHILDHOOD TRAUMA HISTORIES AND THEIR YOUNG CHILDREN AIMED TO SUPPORT MENTAL HEALTH AND PARENTING**
Maria Muzik, MD, University of Michigan

4:00 - 4:15pm

BREAK

4:15 - 5:15pm

Steiner Young Investigator Symposium

4:15 – 4:30pm

ANXIETY DISORDER SYMPTOMS IN THE PERINATAL PERIOD: STRUCTURE AND RISK FACTORS

Michelle Miller, MA, University of Iowa

4:30 – 4:45pm

IDENTIFYING NICU PARENTS AT-RISK FOR STRESS AND FAMILY BURDEN: A HIERARCHICAL CLUSTER ANALYSIS

Victoria Grunberg, MS, Drexel University

4:45 – 5:00pm

META-ANALYSIS OF PRENATAL ANTIDEPRESSANT EXPOSURE AS RISK FACTOR FOR AUTISM: IMPACT OF COMPARISON GROUP DEFINITION

Monica Vega, MD, University of Miami/Jackson Memorial Hospital

5:00 – 5:15pm

USING SOCIAL MEDIA TO RECRUIT HARD-TO-REACH POPULATIONS

Mona Elgohail, MS, Drexel University

6:00 – 10:00pm

Bus leaves Sheraton at 6pm

Fundraiser – Tour of Independence Hall followed by

**Dinner & Bowling at a local speakeasy, Harp and Crown - <http://harpandcrown.com/>
*Additional ticket purchase required.***

SATURDAY, April 21, 2018

7:30 – 5:30pm

Registration

7:30 – 9:00am

CONTINENTAL BREAKFAST

7:30 - 9:00am

Breakfast Interest Groups

Check the mobile app for topics and facilitators

9:15 – 10:15am

Symposium: Harnessing Technology to Address Substance Abuse in the Perinatal Period

Chair: Ariadna Forray, MD, Yale School of Medicine

- **ELECTRONIC- AND CLINICIAN-DELIVERED SCREENING, BRIEF INTERVENTION, AND REFERRAL TO TREATMENT FOR WOMEN IN REPRODUCTIVE HEALTHCARE CENTERS: A RANDOMIZED CLINICAL TRIAL**
Steven Ondersma, PhD, Wayne State University School of Medicine
- **THE USE OF TELEMEDICINE IN THE TREATMENT OF PERINATAL OPIOID USE DISORDER**
Constance Guille, MD, Medical University of South Carolina
- **SMARTPHONE DELIVERED ATTENTIONAL BIAS MODIFICATION FOR POSTPARTUM SMOKING RELAPSE**
Ariadna Forray, MD, Yale School of Medicine

10:15 – 10:30am

BREAK

10:30 – 11:30am

Symposium: Integrated Behavioral Health for Women in Medical Settings

Chairs: Teri Pearlstein, MD and Snezana Milanovic, MD, MSc

- **INTEGRATED BEHAVIORAL HEALTH: OVERVIEW**
Teri Pearlstein, MD, Alpert Medical School of Brown University and Women's Medicine Collaborative, Lifespan
- **RESULTS OF AN INTEGRATED BEHAVIORAL HEALTH SERVICE IN A WOMEN'S PRIMARY CARE PRACTICE**
Margaret Bublitz, PhD, Alpert Medical School of Brown University and Women's Medicine Collaborative, Lifespan
- **BUILDING A PERINATAL PSYCHIATRY CLINIC WITHIN THE BOSTON MEDICAL CENTER OBSTETRICS DEPARTMENT**
Snezana Milanovic, MD, MSc, Boston University School of Medicine

SATURDAY, April 21, 2018 - *continued*

11:30am – 12noon	NASPOG Member Business Meeting
11:30am – 1:00pm	Lunch & Networking
1:00 – 2:15pm	Symposium: Opioid Use During Pregnancy and Postpartum: Novel Strategies for Integration and Engagement <i>Chair:</i> Leena Mittal, MD, Brigham and Women’s Hospital and the Massachusetts Child Psychiatry Access Program (MCPAP) for Moms <ul style="list-style-type: none">• MCPAP FOR MOMS: SUPPORTING PROVIDERS IN ADDRESSING PERINATAL MENTAL HEALTH AND SUBSTANCE USE DISORDERS Leena Mittal, MD, Brigham and Women’s Hospital and MCPAP for Moms• PROJECT RESPECT: A LONGSTANDING MODEL OF INTEGRATED INPATIENT AND OUTPATIENT CARE OF PREGNANT AND POSTPARTUM WOMEN WITH OUD IN AN OBSTETRIC SETTING Kelley Saia, MD, Boston Medical Center• THE DARTMOUTH-HITCHCOCK CENTER FOR ADDICTION RECOVERY IN PREGNANCY AND PARENTING (CARPP): LEVERAGING A SUCCESSFUL CLINICAL PROGRAM TO SUPPORT DISSEMINATION OF INTEGRATED CARE MODELS FOR PERINATAL SUBSTANCE USE DISORDERS Julia Frew, MD, Dartmouth Hitchcock Medical Center• THE GREEN CLINIC FOR PREGNANCY AND RECOVERY: INTEGRATED OBSTETRICS AND ADDICTION CARE Katherine M Callaghan, MD, UMass Medical School
2:15 – 2:30pm	BREAK
2:30 – 3:30pm	Symposium: Challenges of Infertility and its Treatment: From Obesity as a Potential Cause to Issues with Sexuality and Psychological Consequences <i>Chairs:</i> Vesna Pirec MD, PhD ERC, Insight at Chicago and Aga Grabowski, MA LCSW, Wildflower Center for Emotional Health <ul style="list-style-type: none">• FEMALE INFERTILITY AND OBESITY: RECOGNITION AND TREATMENT OF ENDOCRINE COMPLEXITY AND PSYCHIATRIC COMORBIDITIES IN AFFECTED PATIENTS Vesna Pirec MD, PhD ERC, Insight at Chicago• INFERTILITY AND SEXUALITY: DETECTION, ASSESSMENT AND TREATMENT OF COMMON SEXUAL CONCERNS IN INFERTILE PATIENTS Aga Grabowski, MA, LCSW, Co-founder and psychotherapist, Wildflower Center for Emotional Health• PSYCHOLOGICAL STRESS AND INFERTILITY. IS THERE A RELATIONSHIP? Ariadna Cymet Lanski, PsyD. Fertility Centers of Illinois
3:30pm – 5:30pm	NASPOG Presents
3:30 – 3:50pm	MIND2CARE: AN INNOVATIVE SCREEN-AND-ADVICE MODEL FOR PSYCHOPATHOLOGY, PSYCHOSOCIAL PROBLEMS AND SUBSTANCE ABUSE DURING PREGNANCY K. Marieke Paarlberg, MD PhD, Obstetrician-Gynecologist , I. de Kruijff, MD, Pediatrician, and A.W.M.M. Stevens, MD, Psychiatrist, The Netherlands
3:50 – 4:10pm	SUNNYSIDE: UTILIZATION OF GROUP SUPPORT TO INCREASE ADHERENCE TO ONLINE PERINATAL DEPRESSION PREVENTION Jennifer Duffecy, PhD, University of Illinois at Chicago
4:10 – 4:30pm	INTIMATE PARTNER VIOLENCE AMONG PREGNANT WOMEN WITH OPIOID USE DISORDER Chelsea Pallatino, PhD, MPH, Magee-Womens Research Institute, University of Pittsburgh, Magee-Womens Hospital
4:30 – 4:50pm	BRAIN STRUCTURE AND FUNCTION IN WOMEN WITH PREMENSTRUAL DYSPHORIC DISORDER Sabrina K. Syan, PhD, MiNDS Neuroscience Graduate Program, McMaster University; Women’s Health Concerns Clinic and Mood Disorders Program, St. Joseph’s Healthcare
4:50 – 5:10pm	TIMING IS EVERYTHING: A REVIEW OF THE GENETICS OF POSTPARTUM DEPRESSION Jennifer L. Payne, MD, The Johns Hopkins University School of Medicine
5:10 – 5:30pm	BRIGHT LIGHT THERAPY FOR MAJOR AFFECTIVE DISORDERS ACROSS THE LIFESPAN Dorothy K. Sit, MD, Northwestern University Feinberg School of Medicine
5:30 - 7:00pm	POSTER SESSION and RECEPTION <i>Posters and abstracts are on the mobile app and also on the NASPOG website</i>

Free Evening / Dinner on Own

SUNDAY, April 22, 2018

7:30 – 12noon	Registration
7:30 – 9:00am	CONTINENTAL BREAKFAST
7:30 - 9:00am	Breakfast Interest Groups <i>Check the mobile app for topics and facilitators</i>
9:15 – 10:30am	Symposium: Sexual and Reproductive Health Considerations in the Care of Transgender Youth: Menstrual Regulation, Contraception, Fertility Preservation and HIV Prevention <i>Chair: Nadia Dowshen, MD, MSHP, Children's Hospital of Philadelphia</i> <ul style="list-style-type: none">• ADDITIONAL SPEAKERS: Aletha Y. Akers, MD, MPH, FACOG, Children's Hospital of Philadelphia Jill Ginsberg, MD, Children's Hospital of Philadelphia
10:30 – 10:45am	BREAK
10:45 – 12noon	Symposium: The Time Has Come: The Growth of Mother-Baby Day Treatment Programs in the United States <i>Chair: Pamela A. Geller, PhD, Drexel University</i> <ul style="list-style-type: none">• THE DAY HOSPITAL Zobeida M. Diaz, MD, MS, Women's Behavioral Health and Day Hospital Program, Women and Infants Hospital• MOTHER BABY CONNECTIONS PROGRAM Pamela A. Geller, PhD, Bobbie Posmontier, PhD, CNM, PMHNP-BC, Drexel University• THE MOTHERHOOD CENTER OF NEW YORK Paige Bellenbaum, LMSW, The Motherhood Center of New York• THE MOTHER-BABY INTENSIVE OUTPATIENT PROGRAM Sarah Homitsky, MD, Women's Behavioral Health at Allegheny Health Network
12noon – 1:30pm	Luncheon with Speaker: Aroused: A History of Hormones and How They Control Just About Everything <i>Randi Epstein, MD, MPH, Author: Get Me Out: A History of Childbirth from the Garden of Eden to the Sperm Bank</i>

CME

Speaker disclosures may be found on the mobile app and also on the NASPOG website.

<http://www.naspog.org/index.php/biennial-meeting/cme>

ACCREDITATION:

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Rhode Island Medical Society through the joint sponsorship of Women & Infants Hospital and the North American Society for Psychosocial Obstetrics & Gynecology. Women & Infants Hospital is accredited by the Rhode Island Medical Society to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT:

Physicians:

Women & Infants Hospital designates this live activity for a maximum of **21 AMA PRA Category I Credits™**. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Psychologists:

As a continuing education program relevant to psychology and sponsored by Women & Infants Hospital due to its American Psychology Association (APA) approved post-doctoral program in psychology the program. Women & Infants Hospital is approved by the Rhode Island Psychological Association to sponsor continuing education for psychologists. This meeting's participants can earn a **maximum of 21 credits** for this program.

Social Workers:

Application has been submitted for Social Work CEU's.

To obtain your CME Certificate you must complete the online survey no later than May 31. The survey can be found on the NASPOG website. We will then email you a pdf certificate.

After the meeting we will also email you the direct link to take the survey and receive your CME certificate.